



Choices-4-Life NLP & Timeline Resourcing® Training Brochure

Welcome to Choices-4-Life by Debbie J Turner

Discover the powerful personal and professional transformation that comes from training in NLP (Neuro Linguistic Programming) and Timeline Resourcing®. Our courses are uniquely designed to equip you with the tools, mindset, and confidence you need to become an exceptional coach or practitioner.

Meet Your Trainer

Debbie J Turner is an experienced NLP Trainer, Master Practitioner, and Coach. With a heart-centred and values-led approach, Debbie brings decades of insight and mentoring to those ready to make a meaningful difference in the world.

What You'll Gain

- Certified NLP and Timeline Resourcing® qualifications
- Hands-on, experiential training in a supportive group environment
- Real-life tools to help clients make lasting change
- Ongoing mentorship and a trusted community
- Guidance on building or expanding your coaching business

Training Pathways

NLP & Timeline Resourcing® Practitioner Training

This foundational 9-day course is perfect for new or aspiring coaches and practitioners. You'll learn the core NLP techniques, the Timeline Resourcing® process, and coaching models to confidently start supporting clients.

NLP & Timeline Resourcing® Master Practitioner Training

Take your training further with our 10-day Master Practitioner course. (+2 Days Additional for TLR) Dive into advanced NLP patterns, powerful change techniques, and business integration skills to lead and inspire others.

What's Included

- Comprehensive training manuals and materials
- Post-course 1:1 coaching session with Debbie
- Ongoing access to the Choices-4-Life community
- Support with growing your business and confidence

Ready to Begin?

Your journey starts here. Whether you're looking to become a coach or enrich your personal development, Choices-4-Life offers a supportive and empowering space to learn.

In the first instance, please email, and we can go from there. Email: hello@choices-4-life.com